2018-2019 Syllabus -Lifeguarding- R.Rivera

Contact

- ★ Email- riverar@beleneagles.org
- ★ Remind App.- See Remind App Section.

Student/Guardian Signature:

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Basic Materials Needed

- ★ 1 notebook
- ★ Pencils or Black Pens
- ★ Loose Leaf Paper
- ★ Swimming Trunks
- ★ One piece swimsuit
- ★ Towel
- ★ Miniature soap,shampoo, conditioner, etc…
- ★ Goggles(recommended not required)

You may wear a rashguard w/ swim trunks for both males and females as well.

.In order to become certified by American Red Cross :

1. Must be 15 years old.
2. Must be able to swim 300m continuously .
3. Tread water for 2 minutes, using only legs.
4. Complete a timed event w/in 1min and 40 sec.
5. Attend all class sessions
6. Successfully perform all required skills
7. Successfully complete three final skill scenarios; and pass the written exam with a minimum grade of 80 percent or better on each section.

Rules and Expectations

- ❖ Be on time and prepared: This will effect your grade if you do not come prepared.
- ❖ Respect yourself, your classmates, your teacher, & your classroom
- ❖ Be productive: stay on task & follow directions
- ❖ Participate: It is mandatory to participate.This will effect your grade. 1 page paper for missed days or non dress days worth 50%.
- ❖ Think before you act or speak

- ★ Attendance is mandatory- Other school activities such as sports, clubs , field trips will be excused. Doctors notes will be needed to excuse for illness or injury.
- ★ You will have the option to be certified at the end of this course,if you pass - $35 fee.
- ★ Daily participation grades (dress out/swim , quizzes, and notes will be in gradebook.

Remind App.- *I will send reminders about exams, projects, binder checks, etc...I will also send out study guides and other useful information on here.*

Enter the number 81010 and then text the @_____ associated with your class.

❖ 2A-@he2ecd ❖ 3A-@a44664 ❖ 4A- @h9g93g	❖ 1B- @f83h2h ❖ 2B- @riveta ❖ 3B- @c3cb38 ❖ 4B- @aa3g63